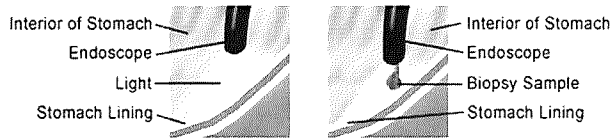
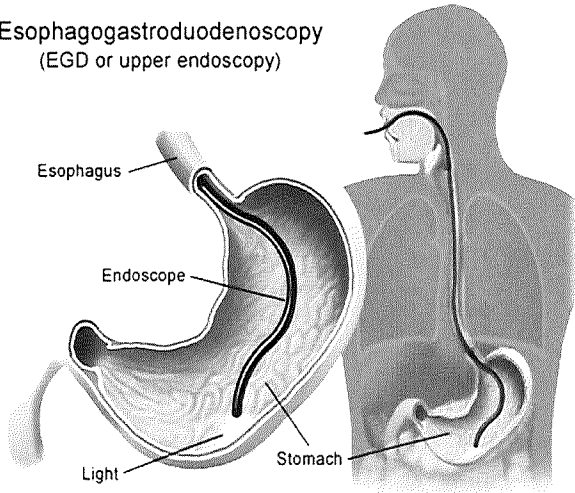




UPPER GI ENDOSCOPY

Esophagogastroduodenoscopy
(EGD or upper endoscopy)



Preparations BEFORE Scheduling EGD

1. Tell your doctor if you are taking any blood thinners such as Plavix, Pradaxa, Coumadin®, Effient, Eliquis or Xarelto.
2. If you are a diabetic patient on insulin, you will need to receive special instructions and schedule your procedure early in the morning.
3. If you have any condition that requires you to take preventative antibiotics before you have a procedure, please tell your doctor.
4. Make sure your doctor has a list of current medications you are taking, and inform him of any allergies to medications or anesthetics.
5. Provide the office with your insurance information so authorization can be obtained, if needed. If you do not have insurance or other financial coverage, you will need to make financial arrangements ahead of time in the Business Office of the hospital and doctor's office before the day of the exam.

Preparing for Endoscopy

The Day Before Exam:

1. You can have a regular breakfast, lunch and Dinner.
2. **NOTHING** to eat or drink after midnight.

Day of the Exam:

1. **If the exam is in the afternoon**, you may have clear liquids (no milk products) up until **4 hours** before you arrive for the exam and then **NOTHING** by mouth.
2. You may take **Prescribed Medications** with a small amount of water **4 hours** before the test.
3. Plan on staying 3 hours. The procedure takes a few minutes. However, recovery from sedation will take longer.
4. **You must have a driver PRESENT.** You will be able to walk, but not fully concentrate. You probably will not remember the procedure or talking with the doctor, so the driver will be able to remember the instructions and any results of the test.

After the Procedure:

- You may have a mild sore throat lasting one or two days. You can use lozenges for relief.
- Do not eat or drink for one hour (your throat will be numb and we don't want anything to go down the wrong "pipe.")
- Do not drive till 6AM the following day after the procedure.
- **You will be notified of any test results by our office. Please allow us 7-10 days. If you have any questions, please ask or call our office if needed.**

